



REACH • ENGAGE • ADVANCE • LIVE

UPSIDE DOWN | Real Joy for Real Life

Week of February 3, 2019

ICE BREAKER ideas:

- Do you agree or disagree with Punxsatawney Phil (the groundhog) from Groundhog Day yesterday?
- Would you rather have six more weeks of Winter, or six weeks of vacation on a tropical island with no money?
- Would you rather see a groundhog or eat a groundhog?

LIFE Points:

- In your words, describe does “Upside Down” living according to Jesus from Mathew 5.
- Sunday, pastor Tim said, “The meaning of ‘blessed’ in the gospel of Matthew has nothing to do with anything we can do, or how hard we work, but all Jesus has done for us through no effort of our own.” Share what this means to you.
- The Beatitudes are not difficult to understand; they are difficult to live. Take a few minutes to read through the Beatitudes and pick one that stands out to you in light of this statement.
- Where do you need to cultivate the values of the Beatitudes in your heart? What area in your life do you need to take authority over some of the world’s values?

PRAYER points:

- Ask the Holy Spirit to establish the value of the Beatitudes deep within you.
- Ask the Lord to help you experience the fullness of how blessed you could be as you yield to Him.
- Take a few minutes to listen to the Holy Spirit and pray with someone how He is leading you.